



**Meet Your Nutritious Friend:
Whistling Watermelon**

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Mozzarella Sticks Buffalo Chicken Wrap Cereal Meal	Field Trip	Pizza Buffalo Chicken Wrap Cereal Meal	Cheeseburger Buffalo Chicken Wrap Uncrustable Meal	FIELD DAY PBJ MEAL Turkey & Cheese Sandwich Ham & Cheese Sandwich Veggie of the day
FEATURED VEGGIES Carrots		FEATURED VEGGIES Green Beans	FEATURED VEGGIES Peas	
8	9	10	11	12
Chicken Day Ham & Cheese Wrap Uncrustable Meal	Chicken & Cheese Quesadilla Ham & Cheese Wrap Cereal Meal	Pizza Ham & Cheese Wrap Uncrustable Meal	Cheeseburger Ham & Cheese Wrap Cereal Meal	Hot Dog Ham & Cheese Wrap Uncrustable Meal
FEATURED VEGGIES Mixed Veggie	FEATURED VEGGIES Green Beans	FEATURED VEGGIES Corn	FEATURED VEGGIES Baked Beans	FEATURED VEGGIES Peas
15	16	17	18	19
Pizza Crunchers Turkey & Cheese Sandwich Cereal Meal	TACO DAY Turkey & Cheese Sandwich Uncrustable Meal	Pizza Turkey & Cheese Sandwich Cereal Meal	BAGGED LUNCH	School Closed
FEATURED VEGGIES Broccoli	FEATURED VEGGIES Corn	FEATURED VEGGIES Veggie of the Day		
22	23	24	25	26
Last Day of School				
NO LUNCH SERVED				
29	30			

What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white

Your Team

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Meal Prices

Student Lunch \$3.60
Reduced Lunch \$0.00

