



**Meet Your Nutritious Friend:**  
Whistling Watermelon

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Mini Maple Pancakes	Banana Muffin	Mini Waffles	Chocolate Chip French Toast	Cinni Mini
8	9	10	11	12
Mini Maple Pancakes	Banana Muffin	Mini Waffles	Chocolate Chip French Toast	Cinni Mini
15	16	17	18	19
Mini Maple Pancakes	Banana Muffin	Mini Waffles	Chocolate Chip French Toast	Cinni Mini
22	23	24	25	26
Mini Maple Pancakes				
29	30			

### What is a Meal?

Students must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Fruit or Vegetable
- Choice of Milk

A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable breakfast.

### Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

### Choice of Milk

1% white

### Your Team

**Dianna Whittaker, Food Service Director**  
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### Meal Prices

Student Breakfast	\$1.60
Reduced Breakfast	\$0.00

