



**Meet Your Nutritious Friend:**  
Avocado-do

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Cheeseburger Turkey & Cheese Sandwich Chef Salad <b>FEATURED VEGGIES</b> Baked Beans
4 Chicken Nuggets with Roll Ham & Cheese Wrap Caesar Salad <b>FEATURED VEGGIES</b> Carrots	5 Chicken Twin Tacos Ham & Cheese Wrap Caesar Salad <b>FEATURED VEGGIES</b> Corn	6 Pizza Ham & Cheese Wrap Caesar Salad <b>FEATURED VEGGIES</b> Peas	7 Cheeseburger Ham & Cheese Wrap Caesar Salad <b>FEATURED VEGGIES</b> Baked Beans	8 Bacon, Egg, & Cheese on a Bagel Ham & Cheese Wrap Caesar Salad <b>FEATURED VEGGIES</b> Green Beans
11 Mozzarella Sticks Buffalo Chicken Wrap Garden Salad <b>FEATURED VEGGIES</b> Green Beans	12 Walking Taco Buffalo Chicken Wrap Garden Salad <b>FEATURED VEGGIES</b> Corn	13 Pizza Buffalo Chicken Wrap Garden Salad <b>FEATURED VEGGIES</b> Broccoli	14 Cheeseburger Buffalo Chicken Wrap Garden Salad <b>FEATURED VEGGIES</b> Peas	15 Pizza Crunchers Buffalo Chicken Wrap Garden Salad <b>FEATURED VEGGIES</b> Mixed Veggies
18 Chicken Patty Sandwich Ham & Cheese Sandwich Chef Salad <b>FEATURED VEGGIES</b> French Fries	19 Chicken Twin Tacos Ham & Cheese Sandwich Chef Salad <b>FEATURED VEGGIES</b> Corn	20 Pizza Ham & Cheese Sandwich Chef Salad <b>FEATURED VEGGIES</b> Glazed Carrots	21 Cheeseburger Ham & Cheese Sandwich Chef Salad <b>FEATURED VEGGIES</b> Baked Beans	22 BAGGED LUNCH
25 SCHOOL CLOSED	26 Chicken & Cheese Quesadilla Turkey & Cheese Wrap Caesar Salad <b>FEATURED VEGGIES</b> Corn	27 Pizza Turkey & Cheese Wrap Caesar Salad <b>FEATURED VEGGIES</b> Green Beans	28 Cheeseburger Turkey & Cheese Wrap Caesar Salad <b>FEATURED VEGGIES</b> Mixed Veggies	29 Mini Corn Dogs Turkey & Cheese Wrap Caesar Salad <b>FEATURED VEGGIES</b> Carrots

### What is a Meal?

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

### Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

### Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

### Choice of Milk

fat-free white, fat-free chocolate, fat-free strawberry

### Daily Alternates

Uncrustable Meal

Cereal Meal

### Your Team

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### Meal Prices

Student Lunch \$3.60  
Reduced Lunch \$0.00

